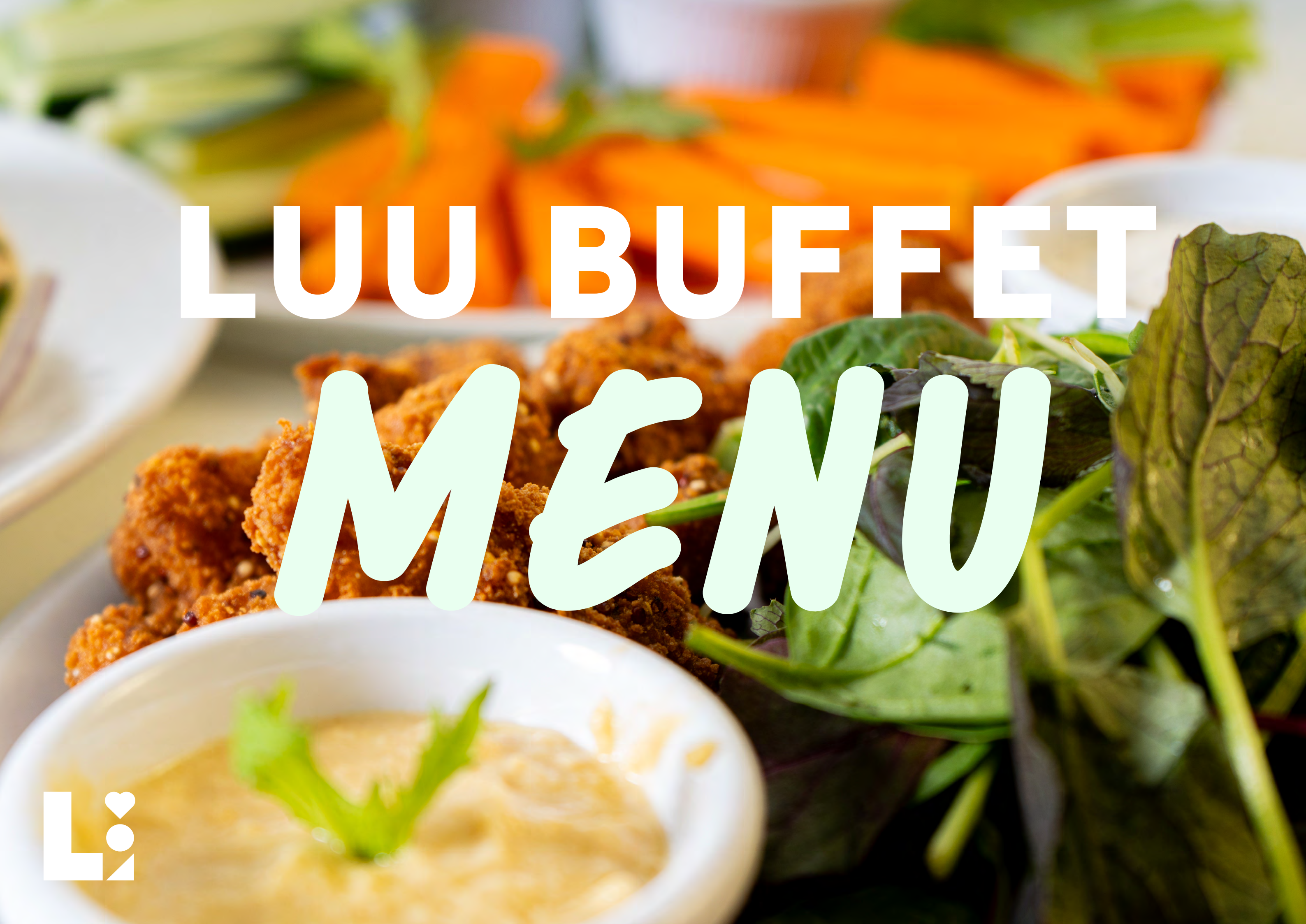


The background of the image is a close-up photograph of a buffet spread. In the foreground, there is a bowl of light-colored dipping sauce with a small green garnish. Behind it, a pile of golden-brown fried chicken pieces is visible. To the right, there is a fresh green salad with various leafy greens. In the background, more food items are visible but out of focus, including what appears to be a bowl of orange-colored food.

LUU BUFFET

MENU



LUU Catering

Elevate your next meeting or event with our carefully curated Buffet Menu, brought to you by LUU. Whether you're planning an early morning briefing, a working lunch, or an evening reception, our menu is designed to provide delicious, satisfying options that suit every occasion.

Prepared with care and attention by our in-house team, our catering uses high-quality, seasonal ingredients sourced from local suppliers wherever possible. From freshly baked pastries and wholesome buffets to indulgent sweet treats and premium refreshments, every dish is crafted with passion and delivered with pride.

We offer a wide variety of menu options, including classic buffets, canapés, cakes, bakes, and breakfast favourites – all created to help you deliver memorable, seamless events. We also cater to a range of dietary preferences and requirements, with vegan, vegetarian and gluten-free options clearly marked throughout the menu.

Whether you're ordering a round of morning coffees, hosting a formal lunch, or celebrating with wine and fizz, our Buffet service is here to support your event with delicious food and professional service.

To place your order or discuss your requirements, please get in touch:
Please contact terrace@luu.ac.uk or oldbar@luu.ac.uk

For Sweet Treats, Breakfasts & Hot Drinks, please contact:
commonground@luu.ac.uk

Please note: All items are subject to availability and require a minimum of five full working days' notice.

Disclaimer:

Whilst we take great care to ensure accurate allergen information and minimise cross-contamination, we cannot guarantee the absence of allergens.

Image for illustration purposes only.





BREAKFAST

Breakfast

Pastries:

All Butter Croissant (V) £1.50 (219 kcal) Contains: Wheat, Egg, Butter, Gluten

Cinnamon Swirl (V) £1.50 (381 kcal) Contains: Wheat, Egg, Milk

Pain aux Raisins (V) £1.80 (319 kcal) Contains: Wheat, Butter, Eggs, Milk

Pain au Chocolat (V) £1.80 (304 kcal) Contains : Wheat, Butter, Eggs, Milk, Soya

Raspberry Croissant (VG) £2.50 (331 kcal) Contains: Gluten, Wheat

Fresh Fruit:

Green Apple £0.90 (56 kcal)

Red Apple £0.90 (95 kcal)

Banana £0.90 (89 kcal)

Coffee Package *(Serves 10 people)* £22

(70 kcal per serving) Contains: Milk, Oats (depending on milk choice)

Tea Package *(Serves 10 people)* £22

(Earl Grey, Blackberry & Raspberry, English Breakfast, Peppermint, Decaf English Breakfast, Green Tea with Lemon)
(54 kcal per serving) Contains: Milk, Oats (depending on milk choice)





BUFFETS

Classic Buffets

Minimum order of 15 on all buffets

Classic Option 1 - £8 per head

Chicken Caesar wrap (245 kcal) Contains: Gluten, Wheat, Dairy, Eggs

Falafel & Hummus wrap (VG) (227 kcal) Contains: Gluten, Wheat, Soya, Celery, Mustard, Celery

Quorn Chicken, Pesto And Red Onion Wrap (V) (174 kcal)
Contains: Gluten And Egg White

Breaded Chicken Goujons (162 kcal) Contains: Gluten, Wheat, Celery

Vegetarian Samosa (VG) (123 kcal) Contains: Gluten, Wheat

Classic Option 2 - £10 per head

Chicken Caesar wrap (245 kcal) Contains: Gluten, Wheat, Dairy, Eggs

Falafel & hummus wrap (VG) (227 kcal) Contains: Gluten, Wheat, Soya, Celery, Mustard, Celery

Quorn Chicken, Pesto And Red Onion Wrap (V) (174 kcal)
Contains: Gluten And Egg White

Breaded Chicken Bites (162 kcal) Contains: Gluten, Wheat, Celery

Moroccan Style Cauliflower Bites (VG) (95 kcal) Contains: No Allergens

Fries (VG) (209 kcal) Contains: No Allergens

Classic Option 3 - £12 per head

Chicken Caesar wrap (245 kcal) Contains: Gluten, Wheat, Dairy, Eggs

Falafel & Hummus wrap (VG) (227 kcal) Contains: Gluten, Wheat, Soya, Celery, Mustard, Celery

Quorn Chicken, Pesto And Red Onion Wrap (V) (174 kcal)
Contains: Gluten And Egg White

Breaded Chicken Goujons (162 kcal) Contains: Gluten, Wheat, Celery

Moroccan Style Cauliflower Bites (VG) (95 kcal) Contains: No Allergens

Fries (VG) (209 kcal) Contains: No Allergens

Vegetarian Samosa (VG) (123 kcal) Contains: Gluten, Wheat

Onion Bhajis (VG) (82 kcal) Contains: No Allergens

Included with all options:

Vegetable Sticks And Dips:

Cucumber (VG) (kcal 3) / Carrots (VG) (kcal 8) / Celery (VG) (kcal 3)

Yoghurt and mint dip (kcal 105) (V) Contains: Milk and Egg

Hummus dip (VG) (kcal 88) Contains: sesame

Salsa (VG) (kcal 88) Contains: No Allergens



Buffet Extras

Buffet Additions – £2 Per Head

Fruit Salad (VG) (64 kcal): Pineapple, Melon, Apples, Grapes and Strawberries

Fries (VG) (209 kcal) Contains: No Allergens

Mozzarella Sticks (V) (142 kcal) Contains: Gluten, Wheat, Dairy, Soya

Moroccan Style Cauliflower Bites (VG) (95 kcal) Contains: No Allergens

Vegetarian Samosas (VG) (123 kcal) Contains: Gluten, Wheat

Breaded Chicken Goujons (162 kcal) Contains: Gluten, Wheat, Celery

Moroccan Style Falafel Balls (VG) (90 kcal) Contains: No Allergens

Canapes – Minimum order of 20

4 items per person – £8

6 Items per person – £11

Please contact terrace@luu.ac.uk or oldbar@luu.ac.uk for further information





SWEET TREATS



Sweet Treats Packages

Option 1 (Brownie selection, serves 10) £19.75

6 x Nutella Brownie Bites (V), 4 x Oreo Brownie Bites (VG)

Option 2 (Gluten-free selection, serves 10) £19.75

6 x Raspberry & Almond Bakewell Bites (GF, V), 4 x Rose, Berry Ganache Brownie Bites (GF, VG)

Option 3 (Seasonal Cake Slice Selection, Serves 10) *£37.50

Includes a selection of vegetarian and vegan options.

Enquire about the available selection when booking

*Price varies depending on seasonal selection

Bespoke Sweet Treat Packages Available

(30 Guest Minimum)

Please send an enquiry to commonground@luu.ac.uk

* Subject to availability
** Alternatives available on request





DRINKS

Cold Drinks

Beer, Wine & Fizz

Our bottles are served in buckets of ice to keep them chilled. Alternatively our wines, fizz & Juice can be poured and ready for you on arrival if requested.

Wine / Fizz

White Wine – Luna Sauvignon Blanc £15.00

Taste is driven by tropical fruits of kiwi and gooseberry with hints of green paprika. Well balanced and refreshing in the mouth.

White Wine – Primi Soli Pinot Grigio £16.00

Crisp and dry notes of tree fruits including pears and peaches, plus hints of lemon on the finish.

Rosé Wine – Charlie Zin White Zinfandel £15.00

Light pink in colour with notes of summer fruits such as strawberry and fresh citrus, this wine is rich in flavour with a medium-sweet, elegant finish.

Rosé Wine – Primi Soli Pinot Grigio Blush £16.00

A very easy style of wine with a soft, refreshing burst of summer red fruits.

Red Wine – Luna Azul merlot £15.00

Deep red in colour, rich and full bodied in the mouth, A composition of red wild berries and hints of chocolate.

Red Wine – Petrarinusa Organic Nero D’Avola £16.00

A Nero d’Avola made entirely from organic grapes produced in the sunny Sicilian hills. A refined wine with smooth tannins, full-bodied character and a powerful Mediterranean aroma.

Sparkling Wine – Healy & Gray Frizzante £18.00

A wonderful Fruity nose, with hints of apple and apricot. Fresh with plenty of fizz.

Sparkling Wine – Sea Change Rose Prosecco £20.00

Delicate aromas of summer berries complimented by a gentle taste profile and fine, streaming bubbles. A wonderful elegant taste of Prosecco Rose that is both flavoursome and refreshing.

Alcohol Free – Belle & Co Alcohol Free Sparkling £12.00 (154 kcal)

A refreshing and finely balanced non-alcoholic drink combining sparkling fermented grape juice blended with premium green tea for body.

Bottled Beers & Ciders

Bottle of flavoured Cider (500ml) £4.75 (Old Mout Berries & Cherries, Old Mout Pineapple & Raspberry, Old Mout Strawberries & Apple)

Can of craft beer (330ml) £5.00

Alcohol Free Bottles

Corona Cero 330ml £3.00 (56 kcal)

Old Mout AF 500ml £4.00 (170 kcal)

Beavertown Lazer Crush IPA £4.00 (83 kcal)



Hot Drinks

Coffee Package *(Serves 10 people) £22*

(70 kcal per serving) Contains: Milk, Oats (depending on milk choice)

Tea Package *(Serves 10 people) £22*

(Earl Grey, Blackberry & Raspberry, English Breakfast,
Peppermint, Decaf English Breakfast, Green Tea with Lemon)
(54 kcal per serving) Contains: Milk, Oats (depending on milk choice)

For Sweet Treats, Breakfasts & Hot Drinks, please contact:
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